



Supports for Wellbeing and Engagement Who can I ask for support?

Wirreanda Secondary School Learner Wellbeing Leaders

Middle School & Unit/SC

Harmony Fenoughty:
harmony.fenoughty987@schools.sa.edu.au

Senior School

Lauren Buswell:
lauren.buswell734@schools.sa.edu.au

Crisis Contacts

Police, Fire & Ambulance: 000
Police assistance: 131 444
Victim Support: 1800 842 846
Quit smoking: 137 848
LGBTIQ Life chat: 1800 184 527
Men's Line: 1300 789 978
Relationships Australia: 1800 182 325
SA Elder Abuse Prevention:
1800 372 310
Child Abuse Report Line: 131 478
Sexual Assault: Yarrow Place
1800 817 421
Alcohol and Drug Information Service:
1300 131 340

Mental Health & Health Support Agencies

Mental Health & Counselling

Headspace: 818 68600
CAMHS: 8326 1234
Uniting Communities' Family
Mental Health Support Service:
8202 5200

Health

Metropolitan Youth MY Health
Service: 8326 6053
National Corona-virus Helpline:
1800 020 080

Suicide Prevention & Help Agencies

Beyond Blue: 1300 224 636
Lifeline Australia: 13 11 14
Suicide Call Back Service:
1300 659 467
Kids Helpline: 1800 551 800
Parent Helpline: 1300 364 100
Counselling chat: 1300 131 340
Youth Beyond Blue:
1300 224 636

Living Situations, Relationships & Finances

Youth Housing Support

Ruby's (under 14): 8202 5060
Youth Gateway (over 14):
1300 306 046

Housing support

Outer Southern Homelessness
Service: 8326 4688
Homelessness Gateway:
1800 003 308

Financial and Food support

Anglicare: 1800 748 149
Lutheran Community/ OSGHS:
8326 4688
Foodbanks SA: 8351 1136

Relationships

Southern Adelaide Domestic
Violence Service: 8382 0066
Women's Safety Services:
1800 800 098

School Work, Engagement, Academic Understanding & School-related Queries

Check for clarification via
your **Google Classrooms**,
Daymap and **School Email**

Contact your **teachers**
if you have questions regarding
your work, attend a Google Meet
during your lesson time or email
your classroom teacher

Contact your **HG teacher**
to discuss attendance or any
other queries. Email your
homegroup teacher or attend
your homegroup Google Meet
each Wednesday.

Email your **House Leader**
if you have already spoken
with your class teachers and
Home Group teacher but still
need some support.

Aboriginal & Torres Strait Islander Support Agencies

**Aboriginal Family Support
Services (AFSS):** 8205 1500
Support in all matters
concerning child protection.

**Aboriginal Family Clinic
Noarlunga:** 8384 9577
Health and medical services

Nunkuwarrin Yunti:
8392 3500
Provides a wide range of
services, including physical,
emotional, spiritual, and
cultural support.